




Did you know that M.E. is Neurological?

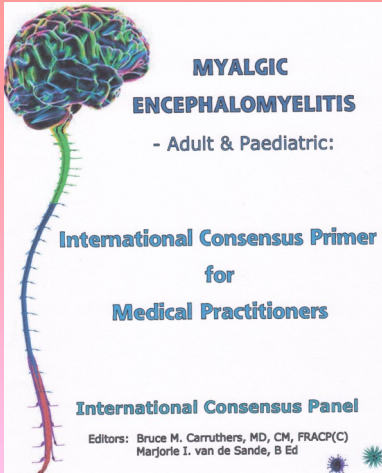
| | | |
|--|--|--|
| <p>Quality, quantity (and pattern) of sleep is affected.</p>  | <p>Blurred vision. Muscle pain.^A 'Brain fog'. Headache. Sensitive to light/noise. Talking/word-finding difficulties. Standing & walking difficulties.</p>  | <p>Chewing and swallowing difficulties (dysphagia) can be present.^B</p>  |
| <p>Common neurological symptoms^{1c}</p> | | |

“Very few GPs fully understand the illness”²

[Dr Clare Gerada, chair of the Royal College of General Practitioners 2010-2013]

M.E. Uncut

Creating a better understanding of M.E. in Somerset

The **Medical Information Pack** includes the *International Consensus Primer* making it easier, and quicker, for professionals to identify and diagnose M.E. The **Primer** is the updated version of the *ME/CFS Overview of the Canadian Consensus Document*.



The UK government¹⁰ and the Department of Works & Pensions¹¹ accept that M.E. is a physical illness.

The World Health Organisation classifies M.E. as a neurological condition.¹² Neurological conditions occur due to illness or injury damaging the brain, spinal column or nerves.¹³

Poster title: No. 3 M.E Uncut Did you know ?
References: Please go to www.bluemooncare.co.uk website where you can click on all the reference links mentioned above to access the documents researched for this poster.
 This poster is issued as part of the *M.E. Uncut* project for *Somerset M.E. Awareness Year*.
 Poster sponsored by *Blue Moon Care Ltd* (a CQC registered micro-care agency created, and run, by carers and clients). This poster (and other M.E. awareness posters) can be downloaded from our website. Please ensure permission has been granted to display the poster.
 © Blue Moon Care Ltd (June 2014)

We care about ME



www.bluemooncare.co.uk